



Daily Matins

*Saint John the Baptist
Orthodox Church*

Rochester, New York

January 2012

Priest:

Glory to the holy, consubstantial, life-creating
and undivided Trinity, always now and ever, and
unto ages of ages!

Reader:

Amen.

Glory to God in the highest, and on earth peace,
good will towards men.

Glory to God in the highest, and on earth peace,
good will towards men.

Glory to God in the highest, and on earth peace,
good will towards men.

O Lord, open my lips, and my mouth shall
proclaim Your praise!

O Lord, open my lips, and my mouth shall
proclaim Your praise!

Psalm 3

O Lord, how many are my foes! How many rise
up against me! Many are saying of me, “God
will not deliver him.” But you, Lord, are a shield
around me, my glory, and the One who lifts my
head high. I call out to the Lord, and he answers
me from his holy mountain. I lie down and
sleep; I wake again, because the Lord sustains
me. I will not fear though tens of thousands
assail me on every side. Arise, O Lord! Deliver
me, my God! Strike all my enemies on the jaw;

break the teeth of the wicked. From the Lord comes deliverance. May your blessing be on your people. I lie down and sleep; I wake again, because the Lord sustains me.

Psalm 38

O Lord, do not rebuke me in your anger or discipline me in your wrath. Your arrows have pierced me, and your hand has come down on me. Because of your wrath there is no health in my body; there is no soundness in my bones because of my sin. My guilt has overwhelmed me like a burden too heavy to bear. My wounds fester and are foul because of my sinful folly. I am bowed down and brought very low; all day long I go about mourning. My back is filled with searing pain; there is no health in my body. I am feeble and utterly crushed; I groan in anguish of heart. All my longings lie open before you, Lord; my sighing is not hidden from you. My heart pounds, my strength fails me; even the light has gone from my eyes. My friends and companions avoid me because of my wounds; my neighbors stay far away. Those who want to kill me set their traps, those who would harm me talk of my ruin; all day long they scheme and lie. I am like the deaf, who cannot hear; like the mute, who cannot speak; I have become like one who does not hear, whose mouth can offer no reply. Lord, I wait for you; you will answer, Lord my God. For I said, "Do not let them gloat or exalt themselves over me when my feet slip." For I am about to fall, and my pain is ever with me. I confess my iniquity; I am troubled by my

sin. Many have become my enemies without cause; those who hate me without reason are numerous. Those who repay my good with evil lodge accusations against me, though I seek only to do what is good. Lord, do not forsake me; do not be far from me, my God. Come quickly to help me, my Lord and my Savior!

Lord, do not forsake me; do not be far from me, my God. Come quickly to help me, my Lord and my Savior!

Psalm 103

Praise the Lord, my soul; all my inmost being, praise his holy name. Praise the Lord, my soul, and forget not all his benefits -- who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's. The Lord works righteousness and justice for all the oppressed. He made known his ways to Moses, his deeds to the people of Israel: The Lord is compassionate and gracious, slow to anger, and abounding in love. He will not always accuse, nor will he harbor his anger forever; he does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear him; for

he knows how we are formed, he remembers that we are dust. The life of mortals is like grass, they flourish like a flower of the field; the wind blows over it and it is gone, and its place remembers it no more. But from everlasting to everlasting is the Lord's love with those who fear him, and his righteousness with their children's children -- with those who keep his covenant and remember to obey his precepts. The Lord has established his throne in heaven, and his kingdom rules over all. Praise the Lord, you his angels, you mighty ones who do his bidding, and who obey his word. Praise the Lord, all his heavenly hosts, you his servants who do his will. Praise the Lord, all his works everywhere in his dominion. Praise the Lord, O my soul! Praise the Lord!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia! Alleluia! Alleluia!
Glory to You , O God!

Alleluia! Alleluia! Alleluia!
Glory to You , O God!

Alleluia! Alleluia! Alleluia!
Glory to You , O God!

The Great Litany

Priest:

In peace let us pray to the Lord.

Choir:

Lord, have mercy. *(repeated after each petition)*

Priest:

For the peace from above and for the salvation of our souls, let us pray to the Lord.

For the peace of the whole world, for the welfare of the holy churches of God, and for the unity of all, let us pray to the Lord.

For this holy house and for those who enter here with faith, reverence, and in the fear of God, let us pray to the Lord.

For His Beatitude, our Metropolitan ____; for His Grace, our Bishop ____; for the honorable priesthood; the diaconate in Christ; for all the clergy and for all the people, let us pray to the Lord.

For the President of our country, the members of the Supreme Court, those who serve in Congress, those in seats of civil authority, those who work in the government, and for the men and women in our armed forces and their families, let us pray to the Lord.

For this city, for every village, town, city, and the countryside, and for the faithful people of God dwelling in them, let us pray to the Lord.

For seasonable weather, the abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

For travelers by land, sea, air, or in space; for the sick and the suffering; for captives and their salvation, let us pray to the Lord.

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

Help us! Save us! Have mercy on us, and keep us, O God, by Your grace.

Commemorating our most holy, pure, blessed, and glorious Lady: the Theotokos and ever-virgin Mary with all the saints; let us commit ourselves and one another, and all our life unto Christ our God.

Choir:

To Thee, O Lord.

Priest:

For to You are due all glory, honor and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages!

Choir:

Amen.

God is the Lord

Priest:

God is the Lord and has revealed Himself to us!
Blessed is He that comes in the name of the
Lord! O give thanks to the Lord, for He is good;
for His mercy endures forever!

Choir:

God is the Lord and has revealed Himself to us!
Blessed is He that comes in the name of the
Lord!

Priest:

All nations surrounded me but, in the name of the
Lord, I withstood them!

Choir:

God is the Lord and has revealed Himself to us!
Blessed is He that comes in the name of the
Lord!

Priest:

I shall not die, but I shall live, and recount the
deeds of the Lord!

Choir:

God is the Lord and has revealed Himself to us!
Blessed is He that comes in the name of the
Lord!

Priest:

The stone rejected by the builders has become the cornerstone. This is the Lord's doing, and it is marvelous in our eyes!

Choir:

God is the Lord and has revealed Himself to us!
Blessed is He that comes in the name of the Lord!

Troparion

Theotokion

Psalm 51

Reader:

Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin. For I know my transgressions, and my sin is always before me. Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge. Surely I was sinful at birth, sinful from the time my mother conceived me. Yet you desired faithfulness even in the womb; you taught me wisdom in that secret place. Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow. Let me hear joy and gladness; let the bones you have crushed rejoice. Hide your face from my sins and blot out all my iniquity. Create in me a pure heart, O God, and renew a steadfast spirit within me. Do

not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me. Then I will teach transgressors your ways, so that sinners will turn back to you. Deliver me from the guilt of bloodshed, O God, you who are God my Savior, and my tongue will sing of your righteousness. Open my lips, Lord, and my mouth will declare your praise. You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings. My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise. May it please you to prosper Zion, to build up the walls of Jerusalem. Then you will delight in the sacrifices of the righteous, in burnt offerings offered whole; then bulls will be offered on your altar.

Priest:

Again and again in peace, let us pray to the Lord.

Choir:

Lord, have mercy. *(repeated after each petition)*

Priest:

Help us! Save us! Have mercy on us, and keep us, O God, by Your grace.

Commemorating our most holy, pure, blessed, and glorious Lady: the Theotokos and ever-virgin Mary with all the saints; let us commit ourselves and one another, and all our life unto Christ our God.

Choir:

To Thee, O Lord.

Priest:

For You are the King of Peace, the Savior of our souls, and to You we ascribe glory: to Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages!

Choir:

Amen.

Priest:

The Theotokos, and the Mother of the Light, let us honor and magnify in song!

Choir:

The Magnificat

The Praises (Psalms 148, 149, 150)

Reader:

Praise the Lord! Praise the Lord from the heavens, praise him in the heights! Praise him, all his angels, praise him, all his host! Praise him, sun and moon, praise him, all you shining stars! Praise him, you highest heavens, and you waters above the heavens! Let them praise the name of the Lord! For he commanded and they were created. And he established them for ever and ever; he fixed their bounds which cannot be

passed. Praise the Lord from the earth, you sea monsters and all deeps, fire and hail, snow and frost, stormy wind fulfilling his command! Mountains and all hills, fruit trees and all cedars! Beasts and all cattle, creeping things and flying birds! Kings of the earth and all peoples, princes and all rulers of the earth! Young men and maidens together, old men and children! Let them praise the name of the Lord, for his name alone is exalted; his glory is above earth and heaven. He has raised up a horn for his people, praise for all his saints, for the people of Israel who are near to him. Praise the Lord!

Praise the Lord! Sing to the Lord a new song, his praise in the assembly of the faithful! Let Israel be glad in his Maker, let the sons of Zion rejoice in their King! Let them praise his name with dancing, making melody to him with timbrel and lyre! For the Lord takes pleasure in his people; he adorns the humble with victory. Let the faithful exult in glory; let them sing for joy on their couches. Let the high praises of God be in their throats and two-edged swords in their hands, to wreak vengeance on the nations and chastisement on the peoples, to bind their kings with chains and their nobles with fetters of iron, to execute on them the judgment written! This is glory for all his faithful ones. Praise the Lord!

Praise the Lord! Praise God in his sanctuary; praise him in his mighty firmament! Praise him for his mighty deeds; praise him according to his exceeding greatness! Praise him with trumpet

sound; praise him with lute and harp! Praise him with timbrel and dance; praise him with strings and pipe! Praise him with sounding cymbals; praise him with loud clashing cymbals! Let everything that breathes praise the Lord! Praise the Lord!

The Royal Doors are opened.

Priest:

Glory to You, who has shown us the light!

Choir:

The Great Doxology

Priest: Peace be unto all!

Choir: And to your spirit.

Priest: Let us bow our heads to the Lord.

Choir: To Thee, O Lord.

Priest:

O holy Lord: You dwell in the highest; You regard the humble of heart; and You behold the creation with Your all-seeing eye. To You we bow our heads ~ bowing down in our souls and bodies ~ and we entreat You: Stretch forth Your invisible hand from Your holy dwelling place, and bless us all. Forgive us if we have sinned voluntarily or involuntarily; for You are a good God and the lover of mankind, granting to us Your earthly and heavenly good things. For

Yours it is to show mercy upon us and to save us,
O our God, and to You we ascribe glory: to the
Father, and to the Son, and to the Holy Spirit,
now and ever and unto ages of ages.

Choir: Amen.

All:

The Song of the Angels

Holy God! Holy Mighty! Holy Immortal!
Have mercy on us.

Holy God! Holy Mighty! Holy Immortal!
Have mercy on us.

Holy God! Holy Mighty! Holy Immortal!
Have mercy on us.

Prayer to the Holy Trinity

Most Holy Trinity, have mercy on us. Lord,
wash away our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for Your name's sake.

Lord, have mercy. Lord, have mercy. Lord,
have mercy.

Glory to the Father, and to the Son, and to the
Holy Spirit, now and forever. Amen.

The Lord's Prayer

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Priest:

For Yours is the kingdom, the power, and the glory: of the Father, and of the Son, and of the Holy Spirit, now and forever. Amen.

Prokeimenon for Wednesday

Priest:

Wisdom! Let us attend!

Reader:

The Prokeimenon in the third tone:
My soul magnifies the Lord and my spirit
rejoices in God, my Savior!

Choir:

My soul magnifies the Lord and my spirit
rejoices in God, my Savior!

Reader:

For He has regarded the low estate of His
handmaiden; for behold, all generations will call
me blessed!

Choir:

My soul magnifies the Lord and my spirit
rejoices in God, my Savior!

Reader:

My soul magnifies the Lord!

Choir:

And my spirit rejoices in God, my Savior!

The Gospel Reading

Priest:

And that we may be accounted worthy of hearing
the Holy Gospel, let us pray to the Lord God.

Choir:

Lord, have mercy. Lord, have mercy. Lord,
have mercy.

Priest:

Wisdom! Let us attend! Let us listen to the Holy
Gospel. Peace be unto all!

Choir:

And to your spirit.

Priest:

The reading is from the Holy Gospel according
to Saint _____.

Choir:

Glory to Thee, O Lord, glory to Thee!

Priest:

The Reading of the Gospel

Choir:

Glory to Thee, O Lord, glory to Thee!

Priest:

Have mercy on us, O God, according to Your great mercy; we pray to You, hear us and have mercy.

Choir:

Lord, have mercy.

Lord, have mercy.

Lord, have mercy. (*repeated after each petition*)

Priest:

Again we pray for His Beatitude, our Metropolitan _____; for His Grace, our Bishop _____; for priests, deacons, and all other clergy; and for all our brethren in Christ.

Again we pray for the President of our country, the members of the Supreme Court, those who serve in Congress, those in seats of civil authority, those who work in the government, and for the men and women in our armed forces and their families.

Again we pray for the blessed and ever-memorable holy Orthodox patriarchs; for the blessed and ever-memorable founders of this

holy house; and for all of our fathers, mothers,
and brethren ~ those who have departed this life
before us ~ who here and in all the world lie
asleep in the Lord.

Again we pray for mercy, life, peace, health,
salvation, and assistance for all of the faithful
people of this blessed community; for all those
in sickness, suffering, or affliction of body, mind,
or spirit; for all those who have asked us to pray
for them, and for the pardon and remission of
their sins.

Again we pray for those who bring offerings and
do good works in this holy and all-venerable
house; for those who labor, and those who sing;
and for all of us here present, who await Your
great and rich mercy.

For You are a merciful God and the lover of
mankind, and to You we ascribe glory: to the
Father, and to the Son, and to the Holy Spirit,
now and ever and unto ages of ages.

Choir:

Amen.

Priest:

Wisdom!

Choir:

Father, bless!

Priest:

Christ our God, the Existing One, is blessed
always now and ever and unto ages of ages!

Choir:

Preserve, O God, the holy Orthodox faith and
Orthodox Christians, unto ages of ages!

Priest:

Most holy Theotokos, save us.

Choir:

More honorable than the Cherubim, and more
glorious beyond compare than the Seraphim;
without defilement you gave birth to God, the
Word; true Theotokos, we magnify you.

Priest:

Glory to You, O Christ ~ our God and our hope ~
glory to You!

Choir:

Glory to the Father, and to the Son, and to the
Holy Spirit, now and ever and unto ages of ages.
Amen.

Lord, have mercy.

Lord, have mercy.

Lord, have mercy.

Father, bless!

The Benediction/Dismissal